



nirvana  
- WELLNESS -

## ELECTROLYSIS AFTERCARE

THANK YOU FOR CHOOSING NIRVANA WELLNESS FOR YOUR ELECTROLYSIS SESSION! PROPER AFTERCARE ENSURES THE BEST RESULTS AND KEEPS YOUR SKIN HEALTHY AND COMFORTABLE.

### Immediate Care (First 24 Hours)

- Avoid touching the treated area unnecessarily.
- Keep the area clean and dry; gently cleanse with Osmosis Cleanse.
- Apply a Renu 28, 3 applications within 5 minutes, can be repeated through the day if needed.
- Apply Colloidal Silver Aloe Gel (soothing and protecting).
- Avoid makeup or heavy creams on the area for at least 24 hours.

### Skin Sensitivity

- Mild redness, tenderness, or swelling may occur and usually subsides within a few hours. Using ice packs on the area can help soothe inflammation - be sure to use a barrier.
- Minor scabbing may occur in the area from under the chin downwards—do not pick or scratch.

### What to Avoid

- Sun exposure or tanning for at least 48 hours. If outdoors, use gentle sunscreen.
- Hot baths, saunas, steam rooms, or swimming pools for 24-48 hours.
- Harsh skincare products (exfoliants, retinoids, glycolic acids) for 48 hours.

### Long-Term Care

- Keep skin well-moisturised and protected from sun exposure.
- Drinking plenty of water helps keep your skin hydrated which will aid in healing faster.
- Avoid waxing, threading, or other hair removal methods on treated areas between sessions.
- Follow your recommended treatment schedule for optimal results.

### Contact Us If...

- Redness, swelling, or tenderness persists beyond 48 hours
- Signs of infection appear (pus, spreading redness, warmth)
- You experience an allergic reaction to aftercare products